



# Augusta Township Seniors' Survey Results

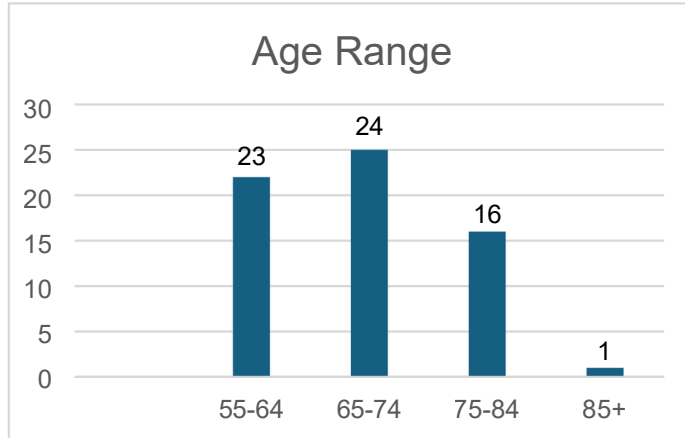
November 2025



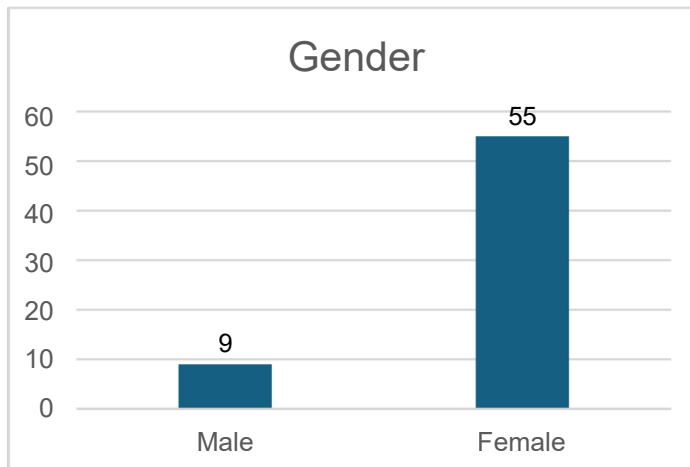
# Augusta Township Seniors' Survey Results

## Demographics

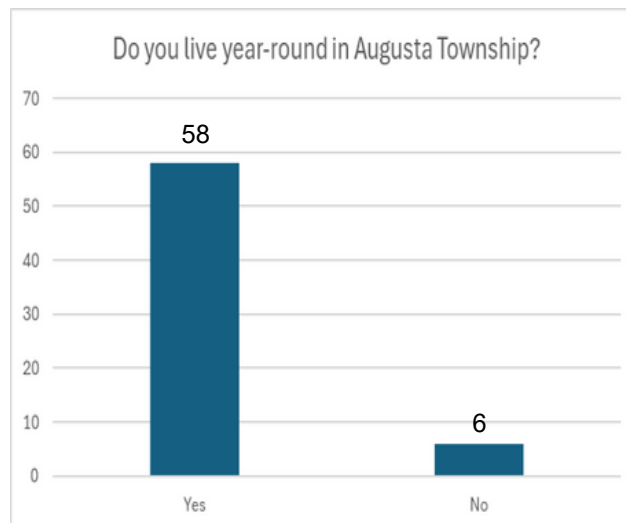
### Age Range



### Gender



### Do you live year-round in Augusta Township?



## Current Activities & Interests

### Where do you typically participate in activities?

Within Augusta Township	37
In nearby Township	44
At Home	30
Online	11
Other	4
Rarely	1

### What activities are you currently involved in?

Walking/Hiking	41
Fitness Class	20
Book Clubs	4
Crafts/Arts	24
Gardening	30
Volunteering	19
Church/Religious Groups	12
Other	4
Carpet Bowling	2
Pickleball	2

### How often do you participate in local community events?

Weekly	40
Monthly	16
Rarely	8
Never	1

### What programs or services would you like to see offered locally?

Educational Workshops	28
Technology Help Health &	20
Wellness Programs Social	42
Outings or Trips	31
Transportation Services	6
Meals or nutrition support	11
Coffee Club Chair Yoga	1
Fitness	3
	3

### Preferred time of day for programs?

Morning	22
Afternoon	30
Evening	6
No Preference	22

## What prevents you from participating more often in community programs?

Lack of Transportation	3
Cost	12
Accessibility	2
Not aware of events	36
Health Issues	8
Lack of Interest	6
More Variety	28
Better Scheduling	9
Closer	18

## How do you prefer to hear about upcoming events or programs?

Email	36
Phone	8
Printed newsletter	25
Website	23
Facebook/social media	34
Word of mouth	10

## Would you like to receive a regular newsletter with updates?

Yes	44
No	5
Maybe	16

## Would you consider volunteering or helping with a seniors' program?

Yes	21
No	22
Maybe	21

## Comments

### Other activities involved in

Camping	2
Kayaking	2
Singing	1
Disc Golf	1
Fishing	1
Snowmobiling	1
Line Dancing	1
Quilting/Reading/Cardmaking	2

- “To grow our economy, more interest for younger citizens, and families, so that these younger people have job opportunities and also want to stay here in Augusta Township.”
- “I would like more local opportunities (working) for younger people to keep our younger families in our community.”
- “I think many seniors are hesitant to attend activities on their own. Very often we know seniors in this way, and we need to be encouraging and offering to go to events with them or ask them to attend activities with us.  
Seniors helping seniors. There are extroverts and introverts, and we have to find a way to get them together. They can participate or just soak up the social interactions.  
    Bring a senior to potluck days  
    Bring a senior to craft time  
    Bring a senior to exercise class  
When activities are planned and advertised for seniors have a phone number added that they can call if they need transportation. This would require a group of volunteers throughout the Township to take on the task. Possibly volunteers from the group activities that are already in the Township.”
- “As a newcomer to Canada, I have been very impressed with what is offered for Seniors.”
- “Low impact exercises – having social time with games, cards, tea, coffee, cookies afterwards. Seniors need to have something to look forward to. Women seem to have outlived their partners, men would be welcomed also. AND LAST To keep our Seniors alive we need new members for the monthly potluck at Roebuck. We have a membership fee of \$10 per year.”
- “Augusta Township contributing towards memberships to Walker House.”
- “Shopping trips to Ottawa or Kingston. Morrisburg Playhouse – Bus trip to Gananoque Playhouse, gentle exercise class or chair exercise class.”
- “Access to help around the house (odd jobs, snow, grass, etc.) at reasonable rates. Help with technology issues (computer, phone, etc.). Trips to performances (Nutcracker ballet, concerts, etc.)”